

Bodywork Breakthroughs Conference (BBC)

Extraordinary Knowledge for Ordinary People

Nov. 6th & 7th, Palo Alto, California

Sponsored and hosted by **Enlightenment.Com**, the first-ever Bodywork Breakthroughs™ Conference will be held on **Saturday and Sunday, November 6th and 7th, 2004**, in an intimate healing space in Palo Alto, California. The BBC is envisioned as a yearly event that will bring Bodywork Breakthroughs* to audiences worldwide through the Internet and additional media channels. **Activities will include:**

- Two full days of talks, presentations, and demonstrations by speakers who are highly knowledgeable practitioners and innovators in Bodywork Breakthroughs of many kinds
- Opportunities to meet and work with the speakers and demonstrators in a very intimate setting
- A Saturday evening reception at Enlightenment.Com Founder/CEO Jordan Gruber's home
- A lovely musical interlude with Celia Melheiros

Featuring

(see <http://www.enlightenment.com/bbcinfo.html> for full schedule)



- **Dr. James Fadiman** (<http://www.jamesfadiman.com>), author, teacher, co-founder ITP, former Director Institute of Noetic Sciences – **“Introductory Remarks”**
- **Angelina Spector** (<http://www.mindbodyconnection.net/instructors.html>), founder of Mind-Body Connections, teaches Pilates, Gyrotonics, Yamuna Body Rolling – **“Somatic Empowerment”**
- **Steve Shafarman** (<http://www.outgrowingpain.com>), 25 year Feldenkrais™ practitioner and former secretary to Feldenkrais himself, giving a presentation the first day and a two-and-a-half hour **West Coast debut workshop** on his new movement, breath, and awareness system: **“FlexAware™”**
- **Molly Hale** (<http://www.mollyhale.com>), whose remarkable healing journey following a terrible automobile crash has been documented by award-winning documentary maker Dorothy Fadiman – **“Healing, Moment by Moment”**
- **Robert Rudelic** (http://www.impaxsupply.com/robert_bio.htm), author of the new book *Anything Is Possible*, speaking on a remarkably effective system called **PowerTapping™**, which combines acupressure point tapping and affirmations
- **Celia Malheiros** (<http://www.celiamalheiros.com/>), Brazilian orchestra leader, composer, singer, and multi-instrumentalist, will **lovingly entertain us with her very musical self**
- **Harmon Hathaway** (<http://www.alignment.org>), President of the American Yoga Foundation, giving a **one-and-a-half hour workshop – Alignment and Breathwork**
- **Jeremy Hale**, Enlightenment.Com President, Aikido 3rd dan
- **Gabriel DeWitt**, Enlightenment.Com Co-Founder/CTO (with Raja), who juggles many things...
- **Jordan Gruber**, Enlightenment.Com Founder/CEO – **post-conference rebound exercise demo**

* **What is a Bodywork Breakthrough?** We focus on *breakthroughs as to how it is that the body works, and the healing and transformational application of those breakthroughs* – a kind of extraordinary knowledge – in the everyday lives of ordinary people. Our definition of “bodywork” includes any type of activity, practice, or discipline that has the body as a primary modality of experience, expression, or focus.

Only 33 tickets are available. Join us for this 2-day jam-packed experiential event.

The BBC will be held mainly in Palo Alto at The Center, <http://www.thecenterat435.com>

\$75 for the two days. First-come, first-serve!

To register, call Jordan Gruber at 650-322-1665, or email Jordan at jordan@enlightenment.com